Annual Report

2024-2025

SAHYOGINI

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INTRODUCTION

"Sahyogini" is a non-profitable and non-government organization which established on 14th April, 2001 and registered under Indian Trust Act 1882 as a charitable Trust. The group of young educated social worker has a reverence for an organization which will serve the deprived, disadvantages and weaker section of society with this psycho the group has registered a charitable trust named **'Sahyogini'** on 20th November' 2002.

Vision

"Sahyogini concerns for the development and creation of an empowered, self-reliance and equity in society".

Mission

"Sahyogini to initiate, support and conduct research as well as action to develop and create self-reliance, empowerment and equity in society through knowledge, action and economizing available and additional resources."

Organizational Objectives

- **Social Awareness and Empowerment**
  To create an informed and empowered society by raising awareness on a wide range of social issues including fundamental rights, relevant legislations, government schemes and programs, harmful superstitions, and regressive traditional practices. This is achieved through the strategic dissemination of knowledge and the effective use of technology.
- **Vocational Training and Livelihood Promotion**
  To establish and operate vocational training centers aimed at equipping both literate and illiterate individuals with essential skills, thereby fostering self-reliance and sustainable livelihoods across communities.
- **Environmental Sustainability and Pollution Control**
  To actively contribute to the protection and management of the environment by addressing pollution through sustainable practices **such as waste** segregation, recycling, and the safe disposal of hazardous materials, with a focus on natural resource conservation.
- **Educational and Research Development**

To set up, manage, and operate educational institutions including schools, colleges, training and research centers, as well as consultancy and guidance units, with the objective of enhancing access to quality education and professional development.

- **Healthcare Initiatives**

  To promote awareness around basic healthcare and well-being and to establish primary and secondary healthcare facilities that ensure accessible and affordable medical services to underserved populations.

- **Inclusive Community Development**

  To support the rehabilitation of marginalized groups including the elderly, persons with disabilities, and victims of child labor. The organization also fosters the formation and strengthening of community-based institutions such as Self-Help Groups (SHGs), Community-Based Organizations (CBOs), and Cooperatives. Additionally, it aims to nurture cultural expression and encourage sports and recreational activities for holistic community development.

Legal and Governance Framework

Legal Compliance and Registrations

Sahyogini is a legally registered organization under the **Indian Trusts Act, 1882**, with **Registration No. 5922**, dated **20th November 2002**, at Bokaro, Jharkhand.

The organization is also:

- **Registered under the Foreign Contribution Regulation Act (FCRA)** with Registration No. **337660020**
- **Registered under the Income Tax Act** with valid certifications under **Section 12A and 80G**, along with a CSR-1 registration.
- **PAN No.: AAETS4016Q**

Executive Committee of Sahyogini

Name	Designation	Gender
Suchitra Singh	President	Female
Kalyani Sagar	Secretary	Female
Suryamani Devi	Treasurer	Female
Rita Devi	Member	Female
Sangita Devi	Member	Female

Amerandra Anup	Member	Male
Maheshwar Mahato	Member	Male

Staff Details

Staff Nature	Number
Full Time	**2**
Part Time	**16**
Consultant	**1**
Voluntary	**12**

SAHYOGINI

Governance Structure

The **General Body** comprises **12 members**, representing diverse sectors and expertise.

The **Governing Board**, comprising **7 members**, is responsible for strategic planning, policy approval, and periodic review of projects.

More than 50% of the Governing Board members are women, reflecting the organization's commitment to gender-balanced leadership.

Sahyogini is a **women-headed organization**, further emphasizing inclusive and equitable governance.

Organizational Management

The management of Sahyogini is structured into three key divisions:

Project Division – for programmatic planning and execution

Administrative Division – for operational and HR functions

Financial Division – for budgeting, accounting, and compliance

The organization functions as per a well-defined **constitution and bylaws**, ensuring transparency and accountability in all its operations. The **Secretary** serves as the primary point of contact, overseeing day-to-day operations and leading the fundraising efforts of the organization.

Policy Framework and Operational Integrity

Sahyogini upholds a strong commitment to integrity, guided by a comprehensive policy framework that includes:

- **Human Resource Policy**
- **Financial Policy**
- **POSH Policy**
- **Child Protection Policy**

To ensure effective program implementation, the organization has adopted standardized guidelines and procedures for project execution, as well as robust monitoring and review systems for continuous improvement and impact assessment.

From the Secretary's Desk

Greetings to All of You,



It gives me great pleasure to present the 24th Annual Report of Sahyogini, marking nearly 25 years of our steadfast commitment to advancing social development and justice for underserved communities.

Over these years, Sahyogini has worked tirelessly to empower rural women, promote gender equality, combat gender-based violence, and advocate for child rights. Our initiatives have also focused on health, education, agriculture, and vocational training, ensuring holistic community development.

Community participation has remained at the heart of our work, engaging women and youth across diverse groups—Dalits, Adivasis, Muslims, Harijans, backward classes, working women, adolescents, and farmers. We believe that addressing gender-based violence requires building inclusive and gender-sensitive communities through awareness and collective action.

Our efforts to empower women and adolescent girls continue through campaigns against child marriage, child labor, and child sexual abuse, while facilitating access to essential public services in remote areas.

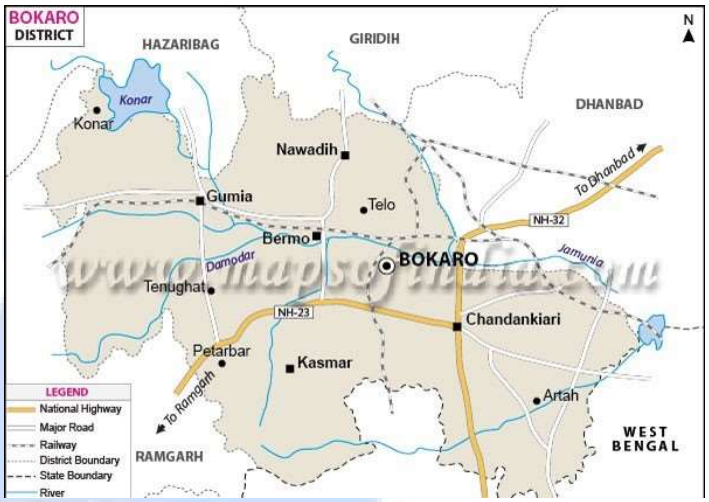
We extend heartfelt gratitude to all our partners, government bodies, NGOs, donor agencies, media, and well-wishers for their unwavering support. As we move forward, we look to the future with hope, determination, and a renewed commitment to collaboration and change.

Thank you,

(Kalyani Sagar)
Secretary, Sahyogini

A Glimpse of Bokaro District

Bokaro is a small district in the state of Jharkhand. It comprises a total of 9 administrative blocks. The district is bordered by Dhanbad, Giridih, Ramgarh, and the state of West Bengal.



The total population of the district is 2,061,918 — out of which 1,076,270 are male and 985,648 are female.
The literacy rate in Bokaro is 73.48%, with male literacy at 84.50% and female literacy at 61.46%.
The female-male ratio in the district is 916 (as per Census of India 2011).
These statistics demand our collective attention and action.

Bokaro district is also known as a hub of education. People from outside the district come here to receive education.
It is also known for the Bokaro Steel Plant, a major source of employment and identity for the people here.
Besides industry, agriculture is also a significant source of livelihood for the residents of this district.

List of Target Panchayats and Villages under Kasmar Block for Program Implementation

The following Panchayats and their respective villages fall under the operational area of the intervention in Kasmar Block, Bokaro District:

Panchayat	Villages
Gari	Garri, Telmunga
Sonpura	Sonpura, Silisadam, Khunta, Pipradih, Sonhar
Ponda	Ponda, Dhadkiya, Mochro, Kamlapur
Durgapur	Durgapur, Kurko, Rangamati, Medha
Bagda	Bagda, Mungo, Bhawanipur, Raghunathpur, Lodhkiyari, Pakri-Bandh
Khairachatar	Khairachatar, Basria, Meramhara, Udaimara, Goraiyakudar
Tangtona	Tangtona, Nawadih, Jamkudar, Bagiyari
Hisim	Triyonala, Kedla

Murhul Sudi	Chauda, Bhursatand

Empowered Over 500+ Adolescent Girls across 19 Villages

Over the past year, Sahyogini Sanstha has directly empowered more than 500 adolescent girls and young women through a comprehensive and community-driven intervention model across 19 villages and 4 Panchayats in Kasmar Block, Bokaro District. Through a rich blend of structured awareness sessions, life skills training, school-based interventions, peer leader development, and stakeholder engagement, the program not only addressed immediate vulnerabilities but also built a resilient foundation for long-term empowerment.

These efforts were designed to be participatory, inclusive, and sustained — ensuring that girls are not just beneficiaries but active change agents in their communities. The impact of these efforts is evident in the enhanced self-confidence, rights awareness, and leadership qualities among adolescent girls, as well as the gradual but clear shift in community attitudes towards gender equity, child protection, and girls' education.

Key Interventions & Highlights

1. National Girl Child Day 2025 Celebration

Held with support from the Bokaro District Administration, this inspiring event in Kasmar Block centered on mental health, leadership, and emotional resilience. Expert-led sessions emphasized early mental health indicators, coping strategies, and the need for community and institutional support systems. It reinforced the importance of well-being as a prerequisite for educational and career success, while energizing adolescent girls to become confident, emotionally aware leaders.



rnational Girl Child Day celebration held

DN ■ Bokaro

National Girl Child Day celebration was organized by Sahyogini Sanstha. During the program organized with the support of the district administration, a discussion was organized on how to strengthen the mental health of girls. Addressing the program, the head of the block, Niyoti Dey, said that a better career of girls is possible only with their proper mental health. For this, they need to be given the right advice. She said that today's program with adolescent girls on the occasion of National Girl Child Day will prove beneficial for them.

During this, Zonal Officer of Kasmar Block, Praveen Kumar said that all sections need to work together on the health and education of girls. So that their integrated development can take place. Mental health counselor Sushma

Career is possible only with good mental health: Niyoti

Kumari said that people of all ages are suffering from problems like mental health. There is a need to understand the symptoms like extreme sadness, despair or lack of enthusiasm, being afraid of old memories or being alone, excessive worry, rapid heartbeat, sweating, suicidal thoughts, laughing alone, talking, doubting, excessive cleaning, consumption of intoxicants or narcotics, excessive addiction to mobile or other devices and to reduce the stress caused by it. She said that if there is a problem of mental stress, do not lose hope; one must get medical treatment done. The secretary of Sahayogi said that programs are continuously being organized for the leadership development of adolescent girls in 30 villages of Kasmar block.

The program was conducted by coordinator Kumari Kiran. During this, director of Sahyogi, Gautam Sagar, doctor Tanveer Fatima of the health center, Anganwadi supervisor Sushma Gupta, Sahyogi's Soni Kumari, Surajmani Devi, Prakash Kumar Mahato, Sunny Kumar, Ravi Kumar Rai, Shant Mukherjee, Anjali Kumari, Rekha Devi, Pratima Singh etc. were present.

2. International Women's Day 2025



On March 8, 2025, Sahyogini brought together over 200 participants, including adolescent girls, young women, officials, and grassroots leaders, at Kasmar Block Auditorium. The event featured powerful speeches, nukkad nataks, cultural performances, and awareness sessions on crucial protective laws like POCSO, Child Marriage Prohibition Act, and Juvenile Justice Act. The event concluded with a collective pledge for gender equality, inspiring a movement beyond celebration — rooted in empowerment, awareness, and action.

3. School-Based Interventions



Awareness sessions were conducted across schools in four Panchayats, reaching students aged 10+ and teachers. These sessions covered child protection, child marriage, child abuse, menstrual hygiene, and related laws such as POCSO and the Right to Education Act. A total of 265 participants engaged across 4 school-level meetings, building a culture of safety, awareness, and rights advocacy within educational institutions.

4. Peer Leaders' Training



Sahyogini trained 172 adolescent peer leaders across 19 villages to serve as frontline champions of child protection, health, gender justice, and welfare linkages. The training emphasized legal literacy, psychosocial support, and preventive strategies, especially around

early pregnancy, child marriage, and gender-based violence. These leaders are now actively bridging their communities with essential services and institutional support systems.

5. Comprehensive Life Skills Training



Through 8 sessions reaching 352 participants, expert trainers delivered modules on communication, self-awareness, decision-making, gender equality, and health. Trainers like Prem Kumar Mahto and Prakash Chandra Jha led sessions using real-life case studies, role plays, and group discussions. These sessions nurtured leadership, built self-confidence, and promoted proactive engagement among young women.

6. Interface Meeting – 17th April 2025



In partnership with the Kasmar Block Administration, a landmark Interface Meeting brought together 150+ girls, young women, and frontline stakeholders to discuss issues including education, health, trafficking, child marriage, and protection laws. Peer leaders shared success stories, and officials provided insights into schemes and reporting mechanisms — reinforcing a community-led approach to safety and justice.

7. Girls' Football for Confidence and Inclusion



Sport became a medium for transformation as Sahyogini launched a girls' football initiative across all 19 villages. With full kits distributed and regular Sunday matches held, over 305 girls participated in 2 major events at Panchayat and Block levels. This initiative effectively challenged gender

stereotypes, boosted self-esteem, and created inclusive spaces for expression, camaraderie, and leadership.

8. Strengthening Community Response via Half-Yearly Meetings

Six large community meetings involving 338 participants — including CBOs, PRI reps, VLCPCs, parents, and local leaders — focused on trafficking, gender



violence, child marriage, and protective laws. Vulnerability report cards were presented, and collaborative strategies were discussed. Despite elections halting two meetings, this initiative significantly strengthened community vigilance and accountability mechanisms.

9. Wall Writing and Pamphlet Campaigns



Through 76 awareness events, Sahyogini reached over 5,100 people using wall writings and pamphlet distribution campaigns. These campaigns promoted government schemes, educational opportunities, and awareness of child protection laws, leading to greater outreach and public dialogue on rights and entitlements.

10. Promoting Gender Sensitization and Leadership



Across all 19 villages, Sahyogini conducted interactive role-plays, peer mentoring sessions, and group discussions to help girls challenge gender norms, understand their rights, and advocate for education and

equality. These initiatives enabled the formation of a cadre of informed and confident girl leaders driving change within their own communities.



Toward a Sustainable Ecosystem for Girls' Empowerment

What makes Sahyogini's approach uniquely impactful is its emphasis on systemic change and sustainability. Over the year, the organization has built an enabling ecosystem by engaging Panchayati Raj Institutions, school authorities, government departments, parents, and community influencers — ensuring that progress is rooted in collective ownership. There is growing evidence of behavioral change in attitudes toward girls' rights, education, and protection, along with stronger institutional responses.

As a result, adolescent girls are no longer passive recipients but empowered leaders, shaping their futures and influencing their communities. Through expanded girls' clubs, continued life skills sessions, and mainstreamed gender dialogues, Sahyogini is laying the foundation for long-term, self-sustaining change — ensuring that empowerment not only endures but multiplies.

A Glimpse into Transformative Impact: Our Stand Against Child Marriage, Trafficking & Gender Discrimination

In the year 2024–2025, Sahyogini Sanstha deepened its commitment to protecting the rights and dignity of children and young women through a series of high-impact programs that tackled deep-rooted social evils such as child trafficking, child marriage, and gender discrimination. These

campaigns did not merely raise awareness—they sparked dialogue, inspired action, and changed lives.

1. "Stop Child Trafficking" – July 30, 2024

Marking the World Day against Trafficking in Persons, Sahyogini launched a focused campaign titled "Stop Child Trafficking" to combat the growing menace of human trafficking across vulnerable rural pockets. Conducted across all 19 villages in Kasmar Block, this initiative mobilized communities, schools, local governance bodies, and law enforcement agencies to recognize early warning signs, understand legal frameworks, and strengthen local vigilance mechanisms.



Through door-to-door campaigns, wall writings, poster exhibitions, survivor testimonies, and inter-agency dialogue sessions, the initiative reached thousands, igniting a strong and sustainable community response.

- Total Cases of Child Trafficking Intervened: 53
- Total Rescues Facilitated: 63

These numbers reflect more than interventions—they represent 63 childhoods reclaimed, 53 vulnerable lives shielded from exploitation, and dozens of families reunited with hope and justice.

2. "बेटा के आस में बेटी की बलि मत चढ़ाए।" – October 9, 2024

This powerful campaign, titled "बेटा के आस में बेटी की बलि मत चढ़ाए" (Don't Sacrifice Your Daughter in the Hope for a Son), tackled deep-rooted gender biases and discriminatory practices that marginalize girls. Through emotive storytelling, community theatre (nukkad nataks), gender training sessions,

and mother-daughter circles, the campaign encouraged families to celebrate their daughters and invest in their dreams.



From the local markets to school assemblies, and from community meetings to wall murals, the message rang clear: girls are not a burden—they are the future.

This campaign became a movement—inviting reflection, accountability, and pride in rising empowered daughters.

3. "बाल विवाह मुक्त भारत" – 27 November 2024

"Child Marriage-Free India" – 27 November 2024



As part of the national mission to end child marriage, Sahyogini Sanstha launched a compelling public campaign titled **"बाल विवाह मुक्त भारत" (Child Marriage-Free India)** across its intervention areas. This initiative was a clarion call to awaken the conscience of society and gather collective strength against the harmful tradition of child marriage.



Under this campaign**, a symbolic candle march and a powerful community parade were organized** with wide participation from adolescent girls, youth clubs, women's groups, and local stakeholders. These events visually represented the

community's united stand against child marriage and created a wave of emotional solidarity and public engagement.

The campaign galvanized active participation from:

- Panchayat leaders and elected representatives
- Child Protection Committees and Block officials
- School teachers, ASHA & Anganwadi workers
- Adolescents, youth leaders, and community influencers

Through large-scale street plays, sensitization drives, pledge-taking ceremonies, and testimonies of survivors, the campaign brought the hidden crisis of child marriage into public dialogue and challenged the normalization of this social evil. The inclusion of candle marches lit up with hope and parades echoing the slogans of change created momentum and visibility like never before.

Total Child Marriage Interventions: 435
These 435 interventions were not just statistics. Each one marked a timely disruption in generational cycles of abuse, loss of education, and denied opportunities. They represent brave, community-led actions to safeguard the dignity, rights, and future of young girls.

A Culture of Pledge: United for Change

Throughout these transformative campaigns, Sahyogini cultivated a powerful culture of community pledging. From students to teachers, from PRI members to police officers, and from mothers to adolescents—people from every walk of life stood together and pledged their commitment to child protection, gender justice, and human dignity.

Total Pledges Secured in 2024–25: 20,022

These 20,022 pledges represent a community awakened—a collective voice rising against injustice and committed to building a future where every child is safe, free, and empowered.

A Ripple Becoming a Wave



The cumulative impact of these campaigns is not just visible in the numbers, but in the transformation of community mindsets, the strengthening of village-level child protection mechanisms, and the empowerment of adolescent girls and young women as frontline defenders of rights.

By integrating direct interventions with awareness, education, rescue operations, community pledges, and policy-level advocacy, Sahyogini Sanstha has ensured that every step forward this year is part of a larger journey toward justice, equity, and empowerment.

These programs form the heart of our Annual Report—a testament to our relentless pursuit of a society where no girl is sold, no child is married off, and no dream is sacrificed in the name of tradition.

Building Resilience, Inspiring Change: Empowerment of Adolescent Girls and Young Women in Kasmar Block

In partnership with the Azim Premji Philanthropic Initiatives (APPI), Sahyogini Sanstha has embarked on a transformative journey to empower adolescent girls and young women in 19 villages across 4 Panchayats in Kasmar Block, Bokaro district. This program has not only created safe platforms for dialogue and support but also embedded these voices into

governance and development planning. Here's a detailed look at our progress, achievements, and impact during 2024–2025.

1. Foundation of Collective Strength: Formation of Empowerment Groups

Adolescent & Young Women's Groups: Platforms for Peer Learning and Leadership



As the bedrock of the project, 22 Adolescent Groups (511 members) and 21 Young Women's Groups (494 members) were formed across all intervention villages. These groups have emerged as safe, inclusive spaces where girls and young women:

- Share experiences and support one another.
- Engage in structured discussions on gender, rights, health, education, and leadership.
- Learn about legal protections such as the POCSO Act, Domestic Violence Act, and Child Marriage Prohibition Act.

These platforms now operate as community-owned vehicles of change, fostering confidence, peer solidarity, and grassroots advocacy.

2. Fostering Regular Dialogue: Group Meetings and Legal Literacy

Monthly Meetings Driving Awareness and Confidence

Each group conducted bi-monthly meetings addressing vital themes:



- Gender discrimination and domestic violence
- Legal rights and entitlements
- Skill development and self-reliance

- Social security schemes

These meetings have empowered members to speak up, act collectively, and advocate for themselves and others in need. Special efforts were made to reorganize existing women's and youth groups, ensuring their understanding of local governance mechanisms like Gram Sabha, Mahila Sabha, and Bal Sabha under the Panchayati Raj system.

3. Reaching the Margins: Focus on the Most Vulnerable

Targeted Empowerment through Vulnerability Assessment

A one-time vulnerability assessment was conducted to identify girls and young women at risk. These participants were:

- Integrated into group activities
- Linked to social protection and welfare schemes
- Given access to health services, education, and identity documentation



This ensured that no girl was left behind, and that even the most marginalized voices were heard, supported, and uplifted.

4. Deepening Roots: Community & Stakeholder Engagement

Stakeholder Meetings to Foster Ownership and Collaboration

To ensure seamless implementation and local buy-in, 8 multi-stakeholder meetings were held with 345 participants, including:

- PRI members, Panchayat officials
- Teachers, parents, ASHA and Anganwadi workers



- Religious leaders and SHG members

These interactions fostered trust, transparency, and joint responsibility, aligning the project's goals with community aspirations and systems.

5. Leaving No One Behind: Bridging the Welfare Access Gap

Facilitating Linkages with Government Schemes

Through sustained community outreach and facilitation:


योजना किशोरियों और महिलाओं के सशक्तिकरण को लेकर स्टेकहोल्डर बैठक आयोजित

सरकारी योजनाओं से महिलाओं के जुड़ाव व जेंडर आधारित हिंसा के रोकथाम पर जोर

- 573 women benefited from the Mukhyamantri Maaiyan Samman Yojana
- 145 adolescent girls accessed the Savitribai Phule Kishori Samridhi Yojana
- 20 eligible girls supported in accessing Pre- and Post-Matric Scholarships, Ayushman Bharat, and more

Our teams also assisted in acquiring vital documents—Aadhaar corrections, caste and residence certificates—crucial for social inclusion and scheme eligibility.

6. Systemic Change: Participatory Governance and GPDP Integration

Institutionalizing Voices in Local Governance



Women and girls were meaningfully engaged through:

- Mahila Sabhas (Women's Assemblies)
- Bal Sabhas (Children's Assemblies)

These were conducted across all 4 Panchayats, ensuring that their voices were heard during the Gram Panchayat Development Plan (GPDP) process. Key issues raised included:

1. Education and school infrastructure
2. Health services and adolescent care
3. Gender-based violence and child protection
4. Demand for increased livelihood and training opportunities

Recommendations were formally submitted, marking a pivotal step toward gender-responsive and child-inclusive local governance.

7. Strengthening Systems: Coordination with Local Administration

Strategic Engagement with Government Departments


सब की योजना, सबका विकास कार्यक्रम को लेकर के बैठक का आयोजन

Regular block and panchayat-level meetings were conducted with:

- BDO, CO, SDO, CHO, Thana Prabhari
- Lady Supervisor, Block Chairman, and others

These meetings helped address on-ground implementation challenges and aligned Sahyogini's interventions with state and district-level schemes, promoting greater synergy and sustained collaboration.

8. Programmatic Insights: Progress towards Planned Effects

Interim Effects (Qualitative & Quantitative)

- ✓ 511 adolescent girls & 494 young women now engaged through vibrant peer groups
- ✓ 345 stakeholders across 8 meetings, strengthening legitimacy and support
- ✓ 312 active participants in rights-awareness sessions
- ✓ 573+ women and 145+ girls linked to government schemes
- ✓ 201 families surveyed to inform data-driven planning
- ✓ Active integration into GPDP through Mahila and Bal Sabhas

Together, these outcomes reflect a holistic, bottom-up approach that combines community mobilization, legal literacy, welfare access, and local governance advocacy to empower the next generation of rural Jharkhand's girls and women.

Linkages with Government Welfare Schemes

During the reporting period, a total of 1,057 individuals were successfully linked with various government welfare schemes and essential services. The details of the linkages are as follows:

S.No.	Name of the Government Scheme/Service	Number of Beneficiaries
1	Savitribai Phule Kishori Samridhi Yojana	145
2	Mukhyamantri Maiyan Samman Yojana	573
3	Didi Badi Yojana	28
4	Ayushman Bharat	36
5	Mukhyamantri Kanyadan Yojana	5
6	Aadhaar Update Services	21
7	Issuance of Birth Certificates	15
8	Issuance of Death Certificates	4
9	Issuance of Caste Certificates	62
10	Issuance of Income Certificates	73
11	Issuance of Residential Certificates	95
	Total	**1,057**

These efforts reflect the organization's continuous engagement with local communities to ensure access to entitlements, enhance social security, and promote inclusive development.

Towards an Empowered Future: Annual Programmatic Achievements 2024–2025 – Sahyogini

Executive Summary:

During the year 2024–2025, Sahyogini made remarkable progress in empowering the rights, skills, and opportunities of adolescent girls and young women in 11 villages under Garri, Sonpura, and Ponda Panchayats of Kasmar block, Bokaro district. Through more than 20 well-structured

initiatives, over 500+ adolescent girls were actively engaged in programs focused on gender justice, life skills, digital literacy, health, legal rights, and stakeholder collaboration.

This year, through strengthening adolescent groups at the grassroots level, meaningful participation of girls in governance processes, and increased linkage with government schemes, significant contributions were made toward reducing child marriage, school drop-out rates, and gender-based violence.

Key Impact Highlights:

- 264 Adolescent Girls' Meetings were conducted, fostering awareness and solidarity among girls.
- 500+ adolescent girls actively participated in various programs.
- 150+ stakeholders, including Panchayati Raj representatives, teachers, and government officials, were engaged.
- Strong coordination was established with government schemes like Ayushman Bharat and Savitribai Phule Yojana.

1. Strengthening Voices: Kishori Baithaks Across Three Panchayats A Total of 264 Sessions Conducted



In 2024–2025, Sahyogini organized a total of 264 Kishori Baithaks (Adolescent Girls' Meetings) across 11 targeted villages in Garri, Sonpura, and Ponda Panchayats. The primary goal of these meetings was to offer adolescent girls a safe space where they could freely express their thoughts, experiences, and issues.

These sessions raised awareness among the girls on topics like child rights, dangers of child marriage, menstrual hygiene, the importance of education, prevention of child sexual abuse, and gender equality. Each meeting included group activities, discussions, and recreational games facilitated by trained local coordinators and peer leaders, which helped in enhancing the girls' self-confidence and leadership skills.

The meetings instilled a sense of support and solidarity among the girls and became a medium for breaking social barriers. Additionally, the platform proved effective in linking the girls to government welfare schemes, raising awareness about their rights, and encouraging them to speak up against harmful practices like child marriage and violence. As a result of consistent sessions throughout the year, the girls not only began to bring about positive changes within their groups but also influenced their families and communities. This led to a decline in school dropout rates, reduction in child marriage cases, and improvement in the mental and social well-being of adolescent girls.

2. Building Confidence and Competence: Life Skills Training
Date: 28 June 2024 | Venue: Sahyogini Office | Participants: 40



A Life Skills Training program was organized on 28 June 2024, where 40 adolescent girls participated. The main objective was to equip them with essential skills to face real-life challenges. The training covered vital topics such as communication skills, decision-making, stress management, self-esteem, problem-solving, and teamwork.



किशोरियों की लाइफ स्किल पर प्रशिक्षण संपन्न

नवविहार टाइम्स संवाददाता

बोकारो। बाल विवाह समाप्त करने को लेकर के किशोरियों का लाइफ स्किल पर प्रशिक्षण कार्यक्रम का आयोजन सहयोगिनी संस्था द्वारा आज बहादुरपुर में आयोजित की गई। कार्यक्रम को संबोधित करते हुए सहयोगिनी की सचिव कल्याणी सागर ने कहा कि लड़कियों का बेहतर भविष्य के लिए लाइफ स्किल पर विशेष सत्र स्कूलों में चलाने की जरूरत है।

लड़कियों का कैरियर तथा भविष्य को संवारने के लिए जीवन कौशल के गुर सीखने की जरूरत है। साथ ही विशेष ध्यान देना है कि अपना पर्सनालिटी डेवलपमेंट किशोरियां कैसे कर पाएंगे।

उन्होंने कहा कि सहयोगिनी द्वारा बोकारो जिले के कसमार में विगत 5 वर्षों से बाल विवाह के खिलाफ विशेष तौर पर अभियान चलाया जा रहा है। जिसमें 11 गांव की किशोरियों का नेतृत्व क्षमता का विकास के साथ-साथ विभिन्न सरकारी योजनाओं से उन्हें जोड़ने के कार्य किया जा रहा है। कार्यक्रम को संबोधित करते हुए कार्यक्रम समन्वयक कुमारी किरण ने कहा कि गांव स्तर पर किशोरी क्लब का गठन करके उनके साथ बाल विवाह तथा जल्दी होने वाले विवाह को रोकने के लिए उनके नेतृत्व क्षमता तथा कौशल विकास को लेकर के कार्य किया जा रहा है।

कार्यक्रम के दौरान सहयोगिनी सूर्यमुनि देवी , रवि कुमार राय, प्रकाश कुमार, मंजू देवी, विनीता देवी, मौनटी कुमारी सिंह, गौतम सागर, रानी कुमारी, गौरी कुमारी, खुशी कुमारी, अंजली कुमारी, पूनम कुमारी, प्रीति कुमारी, पायल कुमारी, सुजाता कुमारी, उमा कुमारी, प्रिया कुमारी ,नीतू कुमारी आदि उपस्थित थी।

Interactive activities, role-plays, and group discussions were used to help participants understand and express their emotions. The sessions encouraged the girls to assert their

rights confidently and make informed decisions in various social situations.

Trainers emphasized the importance of positive thinking, goal-setting, and handling conflicts effectively. Additionally, information was shared about various government and non-government resources available for women and girls. This training aimed not only at individual empowerment but also at preparing these girls to become leaders of social change.

3. Igniting Young Minds: General Knowledge Quiz Competition
Date: 29 June 2024 | Venue: Sahyogini Office | Participants: 70

On 29 June 2024, a General Knowledge Quiz Competition was organized with 70 adolescent girls participating. The goal was to enhance their academic and intellectual abilities. Through this competition, the girls were made aware of important global and national events, historical facts, geography, science, and social issues.



The format of the competition not only helped increase knowledge but also encouraged confidence and team spirit through healthy competition. Participants answered questions in groups, which also developed cooperation and communication skills.


खबरें बोकारो की

जेंडर आधारित क्विज प्रतियोगिता का आयोजन

बोकारो। जेंडर आधारित क्विज प्रतियोगिता का आयोजन कसमार प्रखंड की किशोरियों के बीच सहयोगिनी संस्था द्वारा आयोजित की गई। कार्यक्रम को संबोधित करते हुए सहयोगिनी की सचिव कल्याणी सागर ने कहा कि किशोरी तथा लड़कियों के बीच जेंडर को लेकर जागरूकता पैदा करने के लिए किशोरी क्विज प्रतियोगिता का आयोजन किया गया है। इस दौरान कसमार प्रखंड की सोनपुरा, पोंडा तथा गरी पंचायत की किशोरियों के बीच जेंडर, महिला हिंसा, महिला सशक्तिकरण, किशोरी नेतृत्व, शिक्षा तथा सरकार की योजनाओं से संबंधित प्रश्नों पर आधारित क्विज प्रतियोगिता किया गया। यह प्रतियोगिता तीन चरणों में आयोजित की गई। उन्होंने बताया कि लड़कियों का कैरियर तथा भविष्य को संवारने तथा लीडरशिप डेवलपमेंट करने के लिए इस प्रकार के कार्यक्रम संस्था द्वारा लगातार आयोजित की जाती है। इस दौरान कार्यक्रम को संबोधित करते हुए कुमारी किरण ने कहा कि सहयोगिनी द्वारा बोकारो जिले के कसमार में विगत ५ वर्षों से किशोरी नेतृत्व चमथा विकास तथा बाल विवाह के खिलाफ कार्यक्रम चलाया जा रहा है। जिसमें ११ गांव की किशोरियों का नेतृत्व क्षमता का विकास के साथ-साथ विभिन्न सरकारी योजनाओं से उन्हें जोड़ने का कार्य किया जा रहा है।

क्विज प्रतियोगिता में प्रथम स्थान सोनपुरा पंचायत द्वितीय स्थान गरी पंचायत तथा तृतीय स्थान पोंडा पंचायत की किशोरियों ने प्राप्त की, जिन्हें संस्था द्वारा पुरस्कार प्रदान कर सम्मानित किया गया। कार्यक्रम के दौरान सहयोगिनी सुरजमानी देवी प्रतिमा सिंह, रवि कुमार राय, प्रकाश कुमार, मंजू देवी, विनीता देवी, मिंटी कुमारी सिंह, गौतम सागर, रानी कुमारी, गौरी कुमारी, खुशी कुमारी, अंजली कुमारी, पूनम कुमारी, प्रीति कुमारी, पायल कुमारी, सुजाता कुमारी, उमा कुमारी, प्रिया कुमारी, नीतू कुमारी, रेखा देवी आदि उपस्थित थी।

This event helped increase interest in learning and improved the quality of education at the local level. It gave the girls the confidence to showcase their intellectual abilities. At the end of the competition, winners were felicitated, which inspired others to work harder in their studies.

4. Gender Equality Awareness and Government Scheme Linkages
Location: Garri | Date: 01 September 2024 | Participants: 43

On 01 September 2024, an awareness program was held in Garri Panchayat to educate adolescent girls and their families about various forms of gender discrimination present in society. The program informed girls about their legal rights, social equality, and government efforts toward girls' welfare.



Detailed discussions were held on schemes like the Savitribai Phule Kishori Samriddhi Yojana, Ayushman Bharat, and Mukhyamantri Kanyadaan Yojana, including benefits, eligibility, and application procedures.

Families shared their experiences and acknowledged the importance of community support in increasing awareness about women's rights. The platform helped shift family and social mindsets, aiming for equal opportunities and respect for girls.

At the end of the program, participants pledged to spread awareness against gender discrimination and raise their voices for their rights.

5. Awareness for Well-being: SRHR Education Session
Date: 13 September 2024 | Venue: Sahyogini Office | Participants: 43

On 13 September 2024, an SRHR awareness session was conducted at the Sahyogini office with the participation of 43 adolescent girls. This session was specifically designed to provide factual, age-appropriate, and scientifically accurate information related to bodily changes during adolescence, menstrual hygiene, reproductive rights, consent, contraception, and sexually transmitted infections (STIs).

The session was led by healthcare professionals and trained counselors who used simple, interactive methods including audio-visual presentations,

question-and-answer rounds, and group discussions. The focus was on helping girls understand their bodies, breaking taboos around menstruation, and promoting safe and healthy practices.

Girls were encouraged to speak openly about their concerns, and many raised personal questions in a safe and confidential environment. The program aimed to dispel myths and fears related to puberty and reproductive health and empower girls to take control of their well-being.

By the end of the session, girls reported feeling more confident and informed about their sexual and reproductive health. The session also introduced them to local health services and helplines available in the community.

6. Promoting Inclusion and Dignity: World Disability Day Celebration
Date: 03 December 2024 | Venue: Sahyogini Office | Participants: 63

On the occasion of World Disability Day, Sahyogini organized a special awareness and inclusion program on 3rd December 2024 at its office, with the participation of 63 individuals including adolescent girls, youth, community members, and stakeholders. The program was designed to promote awareness about the rights, capabilities, and contributions of persons with disabilities, while also highlighting the importance of creating inclusive, accessible, and respectful environments.



The event commenced with a welcome note emphasizing the global significance of the day, followed by interactive sessions that explored the social, emotional, and structural challenges faced by people with disabilities. Expert speakers shared valuable insights on disability rights,

government schemes, inclusive education, and the need for attitudinal change in society.

Participants engaged in open discussions, group activities, and storytelling that sensitized them to the real-life experiences and strengths of persons with disabilities. A short film screening and creative performances by young participants added a reflective and inspiring tone to the event.

The program concluded with a collective pledge to foster empathy, accessibility, and equality in everyday life. Through this initiative, Sahyogini reaffirmed its commitment to building a society that embraces diversity and ensures that no one is left behind.

7. Digital Safety First: Training on Addressing Online Violence
Date: 10 December 2024 | Venue: Sahyogini Office | Participants: 56

On 10th December 2024, Sahyogini organized a focused training session on the critical issue of rising violence on online platforms, attended by 56 adolescent girls, young women, and community members. As digital access grows, so does the vulnerability of users—especially young girls—to cyberbullying, online harassment, data breaches, and exploitation. This training aimed to equip participants with knowledge, tools, and strategies to identify, prevent, and respond to various forms of online abuse. The session began with a contextual understanding of the digital landscape and the evolving nature of cyber threats. Through real-life case studies, discussions, and multimedia presentations, the facilitators highlighted the psychological, emotional, and legal consequences of online violence. The participants were introduced to digital safety practices such as privacy settings, reporting mechanisms, secure browsing, and the importance of digital consent. Legal experts also informed participants about relevant laws, such as the IT Act, POCSO Act, and cybercrime reporting procedures, empowering them to take timely and informed action. The interactive format allowed participants to raise concerns, share personal experiences, and collectively explore safe digital behavior. This training was a significant step towards building cyber-awareness and resilience among young girls and women. By fostering a sense of digital responsibility and agency, Sahyogini continues to ensure that the online space becomes a platform of empowerment, not exploitation.

8. Empowering Communities through Legal Literacy: Training on Women's Protection Laws (POCSO Act)

Dates: 15 & 21 December 2024 | Venues: Ponda Panchayat Bhawan & Sonpura Utkramit Madhya Vidyalaya | Participants: 75

To strengthen legal awareness and promote the safety and rights of women and children, Sahyogini organized two intensive training sessions on Women's Protection Laws, with a special focus on the Protection of Children from Sexual Offences (POCSO) Act. These sessions were conducted on 15th December 2024 at Ponda Panchayat Bhawan and on 21st December 2024 at Sonpura Utkramit Madhya Vidyalaya, engaging a total of 75 participants, including adolescent girls, youth, educators, parents, and community leaders.



The sessions were designed to demystify the legal provisions of the POCSO Act and other key laws that safeguard women and children from sexual violence, abuse, and exploitation. Legal experts and trained facilitators led the discussions, using real-world examples, interactive exercises, and visual aids to make complex legal language accessible and relevant to the participants.

Key topics covered included definitions of abuse, legal rights of survivors, mandatory reporting duties, safe and unsafe touch, and the roles of schools, families, and local institutions in early detection and prevention. Special emphasis was laid on the importance of building a culture of trust, openness, and support, especially for young girls facing vulnerabilities.

The training created a platform for open dialogue, where participants felt empowered to share concerns and clarify myths surrounding sexual abuse and the legal system. Feedback from the sessions reflected a growing awareness, confidence, and readiness among community members to act as informed protectors and advocates for children's safety.

Through such initiatives, Sahyogini continues its commitment to fostering legal empowerment and nurturing safer communities for women and children.

9. Celebrating Potential, Promoting Rights: National Girl Child Day 2025

Date: 24 January 2025 | Venue: Block Auditorium, Kasmar | Participants: 150

On 24th January 2025, Sahyogini, in collaboration with block-level stakeholders, proudly organized a grand event to mark National Girl Child Day at Prakhand Sabhagar, Kasmar, with an inspiring participation of 150 adolescent girls, parents, teachers, and government officials.



The program aimed to celebrate the strength, aspirations, and rights of the girl child while addressing pressing issues like gender discrimination, education gaps, and social stereotypes.

The event commenced with an inaugural address by key dignitaries and education officials, highlighting the importance of nurturing equal opportunities for girls in every sphere of life. A series of enriching sessions followed, focusing on mental health, leadership development, emotional well-being, and access to government schemes designed for girls' welfare.



Interactive discussions, motivational speeches, and personal stories of resilience shared by adolescent girls created a powerful atmosphere of

encouragement and solidarity. Cultural performances, skits, and poems performed by the girls themselves added vibrancy to the celebration while echoing themes of empowerment, freedom, and self-belief.

Information stalls were set up to provide details about education scholarships, health services, and safety helplines, bridging the gap between policy and community-level implementation. The event concluded with a collective pledge to protect, promote, and prioritize the rights of every girl child.

Through this initiative, Sahyogini reaffirmed its commitment to creating an inclusive and enabling environment where every girl can dream freely, live fearlessly, and achieve her full potential.

10. Institutional Dialogue for Equity: Panchayat-Level Meeting on Gender Budgeting

Date: 25 January 2025 | Venue: Ponda Panchayat Bhawan | Participants: 66

On 25th January 2025, Sahyogini facilitated a critical and strategic meeting with Panchayati Raj representatives at Ponda Panchayat Bhawan, focusing on the theme of Gender Budgeting. A total of 66 participants attended the session, including elected representatives, panchayat secretaries, women's group leaders, and community members. The objective was to build awareness and institutional commitment toward integrating gender-sensitive planning and resource allocation in local governance.



The session began with an introduction to the concept of gender budgeting—emphasizing the need to assess the impact of budgets on women and girls and ensure equitable distribution of public resources. Experts provided insights into practical tools and frameworks for incorporating gender indicators in planning, execution, and monitoring of panchayat-level development schemes.

Discussions highlighted real-life examples of gender disparities in access to sanitation, education, health, livelihood programs, and safety infrastructure. The participants were encouraged to reflect on existing gaps and brainstorm actionable solutions that could be addressed through targeted budgeting.

The training also included a review of government schemes and financial provisions that could be leveraged by Panchayats to support women's empowerment and child protection. Interactive group work led to the drafting of preliminary ideas for gender-inclusive budget proposals for the upcoming fiscal year.

This meeting marked a significant step in deepening local governance's accountability toward gender equity and ensuring that planning at the grassroots truly reflects the needs and rights of all community members. Sahyogini remains committed to strengthening such participatory governance practices through continuous engagement and capacity building.

11. Bridging Knowledge with Systems: District-Level Exposure Visit for Adolescent Girls



Date: 25 February 2025 | Locations: DLSA, Sadar Hospital, Women Police Station, CWC, DCPO Office | Participants: 44

On 25th February 2025, Sahyogini organized a District-Level Exposure Visit for a group of 44 adolescent girls and community members to key government institutions in Bokaro, including the District Legal Services Authority (DLSA), Sadar Hospital, Women Police Station, Child Welfare Committee (CWC), and the District Child Protection Office (DCPO). The visit was designed to provide firsthand understanding of the functioning, roles, and services offered by these critical child protection and justice system institutions.

The exposure aimed to bridge the information gap between the community and service providers, enhancing awareness about legal rights, health services, reporting mechanisms, and institutional support structures available for women and children. At each stop, the participants interacted directly with officials who explained the processes involved in case reporting, legal aid, medical support for survivors, and child protection interventions.

At the DLSA, participants learned about free legal services, victim compensation schemes, and legal literacy initiatives. At the Women Police Station, officers demonstrated how gender-sensitive policing works and encouraged girls to speak up against any form of abuse. In the Sadar Hospital, medical professionals discussed adolescent health services, mental health support, and medico-legal procedures in cases of sexual abuse. The visit to CWC and DCPO deepened understanding of child rescue operations, rehabilitation processes, and the mechanisms in place for safeguarding children's rights.



This exposure visit not only demystified formal institutions but also built trust and confidence among participants to access and utilizes these services when needed. It was a transformative step in empowering girls to become informed rights-holders and active participants in their own protection and development.

12. Learning through Experience: Intra-Project Exposure Visit to Jharkhand Gramin Vikas Trust

Date: 16 February 2025 | Location: Jharkhand Gramin Vikas Trust (JGVT), Mahuda, Dhanbad | Participants: 35



On 16th February 2025, Sahyogini organized an enriching Intra-

Project Exposure Visit for 35 adolescent girls, young women, and community mobilizers to the Jharkhand Gramin Vikas Trust (JGVT) in Mahuda, Dhanbad. The primary objective of the visit was to foster peer learning, promote the exchange of best practices, and inspire participants by showcasing successful community-led models of women's empowerment and rural development.



Participants received a comprehensive orientation about JGVT's innovative programs in areas such as livelihood promotion, women's collectives, skill development, and rights-based interventions. They engaged directly with community leaders, peer educators, and self-help group (SHG) members who shared their transformative journeys of overcoming socio-economic challenges and becoming change agents in their villages.

Interactive sessions covered key themes including financial literacy, sustainable microenterprises, community advocacy, and linkages with government welfare schemes. The girls also had the opportunity to visit SHG-run production units and observe the operational aspects of grassroots entrepreneurship and collective decision-making.



The exposure was not just informative but also deeply motivational. Many participants expressed that the visit expanded their vision, helped them understand practical applications of community mobilization, and gave them the confidence to take similar initiatives in their own panchayats.

By facilitating such intra-project learning platforms, Sahyogini reinforces its commitment to building a cadre of empowered adolescent girls and young women who are inspired, informed, and ready to lead positive change in their communities.

13. Voices of Strength: International Women's Day Celebration 2025

Date: 8 March 2025 | Venue: Kasmar Block Auditorium | Participants: 200+

To mark the global celebration of International Women's Day 2025, Sahyogini proudly hosted a powerful and inspirational gathering at the Kasmar Block Auditorium, bringing together over 200 participants—including adolescent girls, young women, community leaders, government officials, and changemakers from grassroots communities. The event served as a vibrant platform to celebrate courage, resilience, and the collective journey toward gender equality.

The occasion was graced by the presence of notable dignitaries such as Babita Devi (Vice Chairperson, Zila Parishad), Mukesh Machhua (SDO, Bermo), Praveen Kumar (Circle Officer), Bhajanlal Mahato (Officer-in-Charge, Kasmar Police Station), along with respected Mukhiyas from various panchayats. Their powerful messages reinforced the urgent need for inclusive governance, protection of women's rights, and active participation of women in leadership.



The program featured stirring cultural performances, nukkad nataks highlighting issues like domestic violence, child marriage, and digital safety, and motivational speeches from grassroots leaders who shared real-life stories of transformation. Special legal awareness sessions were conducted on pivotal legislations such as the POCSO Act, Child Marriage Prohibition Act, and Juvenile Justice Act, ensuring that participants left informed and empowered.

A significant highlight of the event was the keynote address by Ms. Kalyani Sagar (Secretary, Sahyogini), titled “Empowering Women Through Awareness and Action”. Her words encouraged the audience to rise as agents of change and build a society grounded in equity, safety, and opportunity for all genders.

The celebration concluded with a collective pledge taken by all attendees to uphold gender justice, promote safety and dignity for women and girls, and challenge societal norms that hinder equality. The spirit of the day transcended festivity—it became a clarion call for action, unity, and sustained empowerment.

This event marked not just a celebration, but a declaration—a promise that the voices of women and girls will continue to rise, leads, and transforms the world around them.

14. Digital Literacy for Empowerment: Computer Training for Adolescent Girls

Date: 16 March 2025 | Locations: Kasmar, Garri, and Ponda Panchayats | Participants: 40

In alignment with Sahyogini’s commitment to equipping adolescent girls with 21st-century skills, a focused Computer Training Program was organized on 16th March 2025 across the Kasmar, Garri, and Ponda Panchayats. A total of 40 adolescent girls (Kishori) actively participated in this transformative initiative designed to bridge the digital divide and foster digital empowerment.



The training aimed to introduce participants to basic computer operations, typing skills, use of essential software (MS Word, Excel, PowerPoint), and safe internet practices. Through a hands-on and interactive learning approach, the girls gained practical exposure to the

digital tools that are increasingly integral to education, employment, and communication in today's world.

Beyond technical skills, the training also emphasized digital citizenship, including awareness on cyberbullying, online safety, and responsible use of social media. Participants were encouraged to see technology not just as a tool, but as a means to amplify their voices, access information, and open pathways to new opportunities.

The initiative saw enthusiastic engagement, with many girls expressing their excitement at using a computer for the first time and their aspiration to pursue further digital education. Feedback reflected increased confidence and a clear interest in learning more advanced digital applications.

This intervention reflects Sahyogini's broader vision of preparing adolescent girls to not only survive but thrive in an increasingly digital world—where access to technology is access to knowledge, power, and opportunity. The program laid a strong foundation for future skilling efforts and reinforced the belief that digital literacy is a key pillar of gender equity and empowerment.

15. Building Confidence and Competence: Life Skills Training for Adolescent Girls

Dates: 11 March & 23 March 2025 | Locations: Ponda, Garri & Sonpura Panchayats | Participants: 85



Recognizing the critical role of life skills in fostering resilience, decision-making, and personal growth, Sahyogini conducted a series of Life Skills Training programs across Ponda, Garri, and Sonpura Panchayats on 11th and 23rd March 2025, engaging a total of 85 adolescent girls and young women.

These sessions were designed to equip participants with practical and emotional competencies necessary for navigating the challenges of adolescence and adulthood. Key modules included self-awareness, communication, critical thinking, goal setting, stress management, emotional intelligence, and leadership skills. Interactive techniques such as role plays, storytelling, group discussions, and reflection exercises created a safe and participatory learning environment.

Facilitators focused on helping girls understand their self-worth, build healthy interpersonal relationships, and develop the confidence to make informed decisions about their education, health, and future aspirations. Real-life scenarios were discussed to help participants relate the concepts to their daily lives, thereby reinforcing learning through relevance and experience.



Special attention was given to overcoming peer pressure, recognizing early signs of mental distress, and dealing with conflict constructively. The sessions also emphasized the importance of self-care and self-expression, especially in culturally constrained settings.

The training was met with enthusiastic participation and positive feedback, with many girls sharing how the sessions helped them express themselves more freely and understand their potential more deeply. Some even pledged to share their learnings with peers in their villages, multiplying the program's impact.

Through these life skills workshops, Sahyogini continues to nurture a generation of confident, self-aware, and empowered young women ready to lead change in their communities with courage and clarity.

16. Strengthening Community Partnerships: Stakeholders' Meeting for Gender Justice

Date: 29 March 2025 | Location: Garri Panchayat | Participants: 30

On 29th March 2025, Sahyogini organized a strategic Stakeholders' Meeting in Garri Panchayat, bringing together 30 key community leaders, government representatives, educators, ASHA workers, ANMs, PRI members, and frontline service providers. The purpose of the meeting was to foster dialogue, reinforce collaboration, and align efforts towards safeguarding the rights and well-being of adolescent girls and young women in the region.

The session opened with a presentation on the ongoing initiatives under Sahyogini's adolescent empowerment program, followed by an in-depth discussion on prevailing gender-based challenges, including child marriage, lack of access to education, digital divide, and limited knowledge of legal rights among girls.

Participants actively engaged in identifying systemic gaps and brainstorming actionable solutions to ensure better delivery of services such as health, education, protection, and skill-building. Emphasis was placed on inter-departmental coordination and the urgent need for localized efforts to prevent child exploitation and promote adolescent development.

The meeting also served as a platform to sensitize stakeholders about relevant laws like the POCSO Act, Child Marriage Prohibition Act, and government schemes aimed at empowerment, protection, and skilling of girls. Several participants committed to strengthening local response mechanisms and collaborating with Sahyogini on community-based interventions.

Feedback from attendees highlighted the value of such inclusive dialogues in building trust, accountability, and collective ownership of change. The session concluded with a joint resolution to support and sustain safe, informed, and equitable spaces for every girl in the community.

This meeting exemplified Sahyogini's belief that true transformation is possible only when communities, systems, and civil society unite with shared purpose and resolve.

17. Shaping Responsible Futures: Engaging Adolescent Boys for Gender Equity

Date: 12 April 2025 | Location: Sahyogini Office | Participants: 35

On 12th April 2025, Sahyogini hosted a dedicated meeting with 35 adolescent boys at its office to promote gender sensitivity, respectful behavior, and responsible masculinity. The initiative marked a significant step in recognizing the crucial role boys and young men play in challenging gender norms and fostering a more inclusive and equitable society.

The interactive session opened with a conversation on gender roles and stereotypes, helping participants reflect on how social expectations shape behavior, relationships, and opportunities for both boys and girls. Through engaging discussions, role-play exercises, and real-life scenarios, facilitators encouraged the boys to question harmful notions of masculinity and to adopt attitudes rooted in respect, equality, and non-violence.

Key focus areas included understanding consent, combating peer pressure, promoting emotional well-being, and becoming allies in preventing gender-based violence. Participants were introduced to the concepts of gender equity, healthy relationships, and the importance of standing against bullying, harassment, and discrimination.

The session also highlighted legal frameworks such as the POCSO Act and Child Marriage Prohibition Act, equipping boys with knowledge about rights and responsibilities in a democratic society. Importantly, the dialogue underscored that gender equality is not a "women's issue" but a collective goal, where boys must be empowered to take ownership and act as catalysts for change.

Many participants shared their personal views, asked thought-provoking questions, and expressed a willingness to influence their peers positively. Several expressed interest in becoming peer leaders or change agents within their communities.

This engagement reaffirmed Sahyogini's belief that true gender transformation begins when boys and girls grow together in understanding, empathy, and mutual respect. The session planted the seeds

for a more conscious and compassionate generation of young men ready to stand for equality.

18. Bridging Gaps: Interface Meeting with Government Officials to Strengthen Adolescent Rights and Community Engagement

Date: 17 April 2025 | Location: Kasmar Block Office | Participants: 150

On 17th April 2025, Sahyogini organized a large-scale Interface Meeting at the Kasmar Block Office, which brought together 150 participants including Block Development Officer (BDO), Block Heads, Mukhiyas, Ward Members, frontline workers, educators, and community representatives. The primary objective of this significant gathering was to foster convergence between community-based initiatives and institutional mechanisms for the protection and empowerment of adolescent girls and young women.

The session began with an overview of Sahyogini's interventions across Kasmar block, particularly focusing on issues such as child marriage, child labor, gender discrimination, and access to education and health services. A detailed presentation showcased the outcomes of Kishori Baithaks, life skills training, and legal awareness programs being conducted across the villages.

Officials and elected representatives were urged to take proactive roles in implementing child protection laws such as the POCSO Act, the Child Marriage Prohibition Act, and ensure effective delivery of government welfare schemes. The discussion also addressed gaps in service delivery, need for accountability, and community mobilization strategies to prevent adolescent exploitation and neglect.

The presence of high-level functionaries enhanced the impact of the event, as they shared their commitment to aligning with civil society efforts. The BDO and several Panchayat leaders lauded Sahyogini's grassroots work and emphasized strengthening the local child protection committees (CPCs) and holding regular gram sabhas with youth participation.

One of the key highlights of the interface was the open-floor dialogue, which allowed adolescent girls and community members to voice their concerns directly to officials. Issues such as lack of toilets, unsafe school

routes, digital exclusion, and early school dropouts were candidly discussed.

The meeting concluded with a collective pledge to enhance interdepartmental coordination, monitor child welfare at the Panchayat level, and support initiatives that promote safe, educated, and empowered adolescents. This powerful interface reinforced Sahyogini's model of participatory governance and collaborative action, making it a vital milestone in the journey towards gender justice and youth leadership.

19. Empowering Voices Through Theatre: Nukkad Natak Training for Adolescent Girls

Date: 27 April 2025 | Location: Sahyogini Office | Participants: 40

On 27th April 2025, Sahyogini organized a dynamic and impactful Street Play (Nukkad Natak) Training at its office, engaging 40 adolescent girls from across the intervention areas. This unique initiative aimed to harness the power of performing arts as a medium for social awareness and transformation, equipping girls with the tools to express, engage, and educate communities on critical issues.





The training was designed not only to build theatrical skills but also to foster confidence, public speaking, creative expression, and collective voice among adolescent participants. Led by expert theatre facilitators, the session introduced the basics of street theatre, including script development, body language, voice modulation, and audience engagement techniques.

Girls collaboratively created scripts on pressing social themes such as gender discrimination, child marriage, domestic violence, child labor, and access to education. The training encouraged them to explore real-life situations from their communities and translate those into compelling narratives that could stir public consciousness.



Through group exercises, improvisation, and live rehearsals, participants learned how to channel their lived experiences into performance while also developing teamwork, leadership, and storytelling abilities. Special attention was given to stage courage, enabling the girls to overcome fear and speak with authority in public spaces.

The program also served as a platform for identifying young change-makers, who would later go on to perform these plays in villages, markets, and schools as part of Sahyogini's awareness campaigns. The energy and enthusiasm displayed by the girls reflected their eagerness to be seen, heard, and recognized as agents of change.



This training not only amplified their voices but also planted the seeds of art-based activism, reinforcing Sahyogini's mission to empower adolescents through knowledge, creativity, and courage.

20. Breaking Barriers Through Sports: Block-Level Football Tournament for Girls

Date: 10 December 2024 | Location: Gandhi Maidan, Kasmar | Participants: 250

On 10th December 2024, the vibrant grounds of Gandhi Maidan, Kasmar, witnessed an inspiring celebration of sports, strength, and gender equality through Sahyogini's Block-Level Football Tournament. The event brought together over 250 adolescent girls, community members, and dignitaries, transforming the field into a space of empowerment and inclusion.



This unique tournament was not just about football—it was a symbolic act of challenging gender stereotypes and reclaiming public spaces for girls. Participating teams represented villages from across the block, each filled with enthusiasm, discipline, and a powerful determination to showcase their abilities.



The tournament began with an opening ceremony featuring motivational addresses by local leaders, education officers, and grassroots change-makers, who emphasized the importance of sports in building confidence, leadership, and team spirit among girls. Cheers echoed as girls kicked off the matches, displaying exceptional athleticism, strategy, and camaraderie.



What made the event remarkable was the overwhelming community support, with parents, teachers, and youth cheering from the sidelines—many witnessing their daughters play on such a platform for the first time. The initiative helped shift societal mindsets, proving that sports are not a boy's domain but a universal field of opportunity.

Beyond the matches, the tournament created conversations around girls' right to play, equal access to sports infrastructure, and the role of physical activity in mental well-being and personality development. Winning teams were honored with medals and trophies, but every participant walked away with confidence, pride, and a sense of belonging.

The tournament reinforced Sahyogini's belief that empowerment comes from visibility, participation, and confidence-building, and that sports can be a powerful tool in the fight for gender equality. This event wasn't just a tournament—it was a movement, where girls ran, scored, and won far more than just goals.

21. Building Digital Safety: Awareness Meeting on Online Fraud and Cyber Violence

Date: 28 December 2024 | Location: Ponda Panchayat | Participants: 35

In response to the rising challenges of the digital age, Sahyogini organized a focused Awareness Meeting on Online Fraud and Cyber Violence on 28th December 2024 at Ponda Panchayat, bringing together 35 participants, including adolescent girls, youth, community representatives, and local stakeholders.



With increased internet penetration in rural and semi-urban regions, especially among adolescents, the meeting aimed to educate and sensitize participants about the growing risks associated with online platforms, such as phishing, identity theft, cyberbullying, financial scams, and exploitation.

Facilitated by cybersecurity resource persons and legal experts, the session covered key topics including the types of online frauds, digital hygiene practices, protection against cyber harassment, use of privacy settings, and responsible social media behavior. Real-life case studies were presented to help participants identify red flags and understand the consequences of unsafe digital practices.



Interactive discussions allowed participants to share their experiences and concerns, which revealed both the lack of awareness and the urgent need for digital literacy, especially among rural youth. Special emphasis was

placed on laws like the Information Technology Act, and how to report cybercrimes through local police stations and online portals.

The session also addressed the psychological and emotional toll of cyber violence, especially on adolescent girls, and introduced coping mechanisms, community support systems, and the importance of parental and institutional involvement in ensuring digital safety.



This awareness meeting marked a critical step in empowering youth to navigate the digital world with caution, confidence, and resilience, and affirmed Sahyogini's commitment to creating safe, informed, and digitally literate communities.

22. Shaping Voices, Shifting Power: Training on Feminist Leadership

Date: 13 March 2025 | Location: Sahyogini Office | Participants: 51

On 13th March 2025, Sahyogini organized a powerful and transformative Training on Feminist Leadership at its office, bringing together 51 dynamic participants, including adolescent girls, young women, and grassroots change-makers. The training aimed to redefine traditional ideas of leadership by rooting it in inclusivity, equality, and social justice—the core values of feminist ideology.

The session began with an engaging introduction to the concept of feminist leadership—what it means, how it differs from conventional leadership models, and why it is essential in today's context, especially in rural and marginalized communities. Participants explored themes such as power dynamics, intersectionality, empathy-driven leadership, and collective decision-making.

Facilitators used interactive methods—role-plays, storytelling, case studies, and reflective group exercises—to help participants identify and challenge internalized patriarchy, hierarchical structures, and social barriers that often prevent women and girls from stepping into leadership roles.

Through guided discussions, participants also reflected on their own leadership journeys, learned from each other's experiences, and identified ways to lead with confidence, purpose, and solidarity. They examined the role of emotional intelligence, community accountability, and advocacy for rights-based change.

Special sessions highlighted the contributions of local and global feminist leaders, reinforcing that leadership is not about position, but about courage, clarity, and collective empowerment.

This training not only equipped young participants with critical leadership skills but also inspired them to become role models and catalysts for change in their communities. It reinforced Sahyogini's vision of nurturing leaders who lead with compassion, challenge injustice, and work towards a more equitable world.

23. Bridging Aspirations and Action: Adolescent Girls' Interface Meeting

Date: 23 May 2025 | Location: Sahyogini Office | Participants: 64

On 23rd May 2025, Sahyogini convened a vibrant and purposeful Adolescent Girls' Interface Meeting at its office, engaging 64 adolescent girls from various villages across the Kasmar block. The interface served as a vital platform for these young girls to voice their experiences, share learnings, and engage in meaningful dialogue around their rights, challenges, and aspirations.



The session aimed to foster leadership, confidence, and collective problem-solving, while also creating a bridge between the girls' everyday realities and the broader goals of empowerment and gender equity. The girls enthusiastically shared their journey through various



Sahyogini programs—life skills training, digital literacy, health awareness, and feminist leadership initiatives.

Group activities and interactive discussions explored key themes such as early marriage, education, health, digital safety, and aspirations for personal growth. The girls also participated in a visioning exercise where they articulated their dreams and identified barriers that need to be addressed at the community and systemic levels.

Facilitators emphasized the importance of solidarity, peer support, and self-advocacy, encouraging participants to see themselves not just as beneficiaries, but as changemakers in their own right. Real-life success stories of peer leaders who overcame societal obstacles served as powerful inspiration for all attendees.

This interface meeting reaffirmed Sahyogini's commitment to creating safe, inclusive, and enabling spaces for adolescent girls, where they can find their voice, build their agency, and shape their own future. It was not just a meeting—it was a celebration of courage, collective strength, and the limitless potential of young girls when given the right support.

Annual Impact Review & Monitoring – April 2025

As the program year drew to a close, a comprehensive impact review was conducted in April 2025 to assess outcomes, challenges, and learnings. This included field visits, FGDs with adolescent girls and parents, stakeholder interviews, and review of attendance and feedback records from activities throughout the year.

Findings revealed notable improvements in girls' confidence, awareness about rights, digital literacy, menstrual hygiene practices, and openness in families to discuss issues like safety and education.

The data collected helped in planning the next year's strategy and identifying areas for deeper engagement—particularly with out-of-school girls and marginalised communities.

Conclusion: Building Pathways of Empowerment and Change
The year 2024–2025 marked a transformative chapter in Sahyogini's

mission to empower adolescent girls across Kasmar and Jaridih Block, Bokaro District. Through sustained engagement and carefully curated programs, over 500 adolescent girls were equipped not only with knowledge of their rights and life skills, but also with the confidence to challenge deep-seated norms and advocate for change within their communities.

From intensive life skills training and gender awareness workshops to digital literacy, leadership building, and sports-based empowerment, each intervention was thoughtfully designed to foster voice, choice, and agency among girls. The active involvement of families, panchayat members, teachers, peer leaders, and government stakeholders played a pivotal role in creating a robust ecosystem of support, ensuring that change was not only initiated but nurtured at every level.

The girls' growing confidence was visibly reflected in public platforms such as interface meetings, nukkad natak performances, and football tournaments—where they claimed space, expressed aspirations, and demonstrated collective strength. With rising awareness of laws like the POCSO Act, Child Marriage Prohibition Act, and digital safety measures, girls emerged as better informed, more resilient, and self-aware individuals.

What set this year apart was not just the scale of reach, but the depth of transformation witnessed—in attitudes, dialogues, and outcomes. The community took significant strides in challenging gender discrimination, strengthening institutional linkages, and amplifying adolescent voices.

Sahyogini remains committed to building on this momentum, ensuring that every girl not only dreams but also has the tools, support, and freedom to realize her potential. Together—with communities, institutions, and adolescent changemakers—we are scripting a future that is safer, more equitable, and filled with opportunities for every girl.

Fostering Holistic Development: Nutrition and Educational Support Initiative

Under the India Rural Upliftment Initiative
Supported by: Jiv Daya Foundation (JDF)
Date: 2nd February 2025

Sahyogini, in partnership with the **Jiv Daya Foundation (JDF)**, conducted a comprehensive welfare distribution program on 2nd February 2025 under the **India Rural Upliftment Initiative**. The core aim of this intervention was to support the **holistic development of children** by addressing two critical pillars: **nutrition and education**.

Nutritional Support:

To enhance food security and combat malnutrition among underprivileged families, a **ration kit** was distributed in four identified villages. Each family received **30 kg of food grains** (26 kg rice and 4 kg black chickpeas), benefiting a total of **150 families** across the following villages:



- **Chora**: 35 beneficiaries
- **Kedla**: 40 beneficiaries
- **Triyonala**: 35 beneficiaries
- **Bhursatand**: 40 beneficiaries

In addition, to ensure children's basic nutritional needs are consistently met, a **daily distribution of milk and biscuits** has been initiated and is ongoing in the above-mentioned villages. This regular nutritional support has significantly contributed to improved health indicators and school attendance among young children.

Educational Support:

Recognizing that education is a powerful tool for transformation, Sahyogini and JDF also focused on enhancing children's learning environments. In **Kedla and Triyonala**, **25 school bags** in each village were distributed to children. Each bag was thoughtfully packed with learning essentials, including:



1. Slate
2. Basic subject books
3. Stationery pack
4. White chalk
5. Capital letter writing book
6. Number writing book (1–100)
7. **Varnmala Abhyas Pustika**
8. Coloring book for numbers (1–100)
9. Coloring book for **Varnmala**

10. All-in-One board book (32 pages)

This effort not only supported children's academic journey but also fostered their interest in early learning and literacy.

Impact and Way Forward:

This integrated intervention addressed both **nutritional needs** and **educational aspirations**, creating a meaningful impact on the lives of rural children. By ensuring access to food and learning resources, the program promoted **well-being, school retention, and dignity** for children in marginalized communities.

Sahyogini remains committed to continuing such transformative initiatives in collaboration with JDF, contributing toward a more equitable and empowered rural future.

Empowering Lives, Sustaining Futures: Annual Milestones 2024–2025

A Year of Inclusive Development, Grassroots Impact & Strategic Collaboration



1. Empowering Bamboo Artisans: Tool Kit Distribution in Kasmar Block

On 30th April 2025, Sahyogini, with support from the Office of the Development Commissioner (Handicrafts), Ministry of Textiles, Government of India, organized an "Advanced Tool Kit Distribution Program" in Bahadurpur, Bokaro. This initiative aimed to enhance the productivity and quality of craftsmanship of 50 bamboo artisans from Kasmar block. Carefully curated toolkits included specialized chisels, saws, drills, measuring tools, and grinders, tailored to the daily working needs of artisans. The event was graced by dignitaries like Mr. Ravi Jan Roshan (Training Officer, Devghar) and Mr. Kishore (DIC, Bokaro), who emphasized the importance of modern tools in transforming rural craftsmanship. Sahyogini's Secretary Kalayani Sagar and Director Gautam Sagar highlighted the initiative as a model for rural livelihood strengthening through cultural preservation. The program brought renewed confidence and market readiness among artisans,

signifying Sahyogini's commitment to promoting traditional livelihoods through modern interventions.

2. NITI Aayog-Supported Survey on Vulnerable Families and Out-of-School Children



Under a strategic collaboration for evidence-based intervention, Sahyogini conducted a comprehensive survey across 117 villages in Gomia Block as part of a NITI Aayog-backed initiative. The survey targeted vulnerable families and children aged 3–18 who were out of school. Key vulnerability indicators included households earning below INR 2000 per month, landless status, lack of pucca housing, absence from government schemes, and school dropouts. This data-driven approach enabled accurate mapping of socio-economic vulnerabilities and formed the foundation for tailored developmental strategies. Sahyogini's field teams ensured inclusive community engagement while collecting data, providing critical insights to policy makers and stakeholders for targeted welfare outreach. The findings are now aiding multiple interventions in education, health, and social protection in Gomia and nearby regions.

3. Operation Smile: Restoring Confidence through Free Surgeries

Sahyogini proudly partnered in the humanitarian "Operation Smile" campaign, which provided life-transforming surgical treatments to children suffering from cleft palate and cleft lips. These procedures, conducted free of charge, not only restored facial structure but also brought dignity, confidence, and social inclusion to affected children. The initiative reached numerous underprivileged families, offering post-operative care and counselling support. Community mobilization was conducted to identify and refer beneficiaries from rural areas, ensuring that even the most marginalized were not left behind. The program stood as a testament to Sahyogini's commitment to holistic child well-being—combining health, dignity, and equal opportunity.

4. Transforming Rural Infrastructure and Accessibility: Comprehensive CSR Partnership with ONGC



Sahyogini's strategic collaboration with ONGC CBM Bokaro under its Corporate Social Responsibility (CSR) initiatives has led to transformative outcomes across sanitation, education, and accessibility in underserved communities. In alignment with Swachhta Pakhwada 2024 and the Swachh Bharat Mission, ONGC funded the construction of a modern toilet complex at Kendriya Vidyalaya No. 3, Bokaro. Inaugurated by CGM Balveer Singh, the event highlighted the role of hygienic infrastructure in ensuring safe learning environments. Speakers including HR CGM Dayanand Kandulna and Principal Krishna Kumar Sinha emphasized civic responsibility and community cleanliness. Sahyogini's Director Gautam Sagar reiterated the organization's commitment to school-based sanitation drives and hygiene awareness programs.



Further extending their support, ONGC enabled the construction of a new school building in Telgadiya, Chandan Kiyari, which now serves hundreds of rural children with improved educational facilities. This intervention has helped address dropout rates, create safe spaces for learning, and expand access to quality education in the region.

In addition, a major accessibility initiative was undertaken on 5th October 2024, when ONGC and Sahyogini distributed 10 customized scooties to differently-abled individuals at Ravindra Bhawan, Chandan Kiyari. These vehicles provide critical mobility, empowering beneficiaries to pursue education, work, and social engagements independently.

Together, these multi-sectoral interventions reflect how targeted CSR support can significantly enhance community resilience, dignity, and development. Sahyogini remains grateful for ONGC's continued trust and partnership in building an inclusive and equitable future for all.

5. Infrastructure Enhancement with Dasra's Strategic Support

Dasra's institutional funding enabled Sahyogini to renovate and upgrade its operational infrastructure, ensuring a functional, safe, and efficient work environment. This included office repairs, technological upgrades, and equipment procurement that enhanced the quality and efficiency of program delivery. The support helped streamline internal systems, optimize logistics, and foster team motivation. Improved facilities also enhanced donor relations and community engagement. This foundational support from Dasra reaffirms the importance of strengthening civil society organizations not just programmatically but also institutionally to sustain long-term impact.

6. Scaling Fundraising and Visibility with Dhwani Foundation's Support

Dhwani Foundation's capacity-building partnership with Sahyogini focused on expanding fundraising capabilities and enhancing public visibility. Through structured workshops, mentoring, and digital engagement strategies, Sahyogini was able to diversify its funding sources and tell its story more effectively. Key milestones included development of donor pitches, impact videos, and visibility campaigns that reached wider audiences. The initiative also built internal capacities around proposal writing, donor communications, and transparency practices. As a result, Sahyogini is better positioned to scale its work and build sustainable partnerships for greater grassroots impact.

7. Community Waste Management with SwitchOn Foundation

Sahyogini, with support from SwitchOn Foundation, has made significant strides in promoting waste segregation and environmental consciousness in rural Bokaro. The initiative involved training community members in household-level waste sorting, composting techniques, and reducing plastic usage. Awareness campaigns were carried out in local schools, markets, and panchayats. Model waste collection points were established in select locations, and youth volunteers were mobilized to ensure ongoing cleanliness. This program contributes to sustainable village ecosystems,

improved health, and climate resilience—an emerging priority for Sahyogini in its next phase of work.

8. Spreading Awareness through Street Play on Mukhyamantri Maiyya Samman Yojana in Kasmar Block



To promote awareness on the Jharkhand Government's Mukhyamantri Maiyya Samman Yojana, Sahyogini, with support from the District Public Relations Department, organized a street play in Khairachatar Panchayat of Kasmar Block. The play vividly explained the objectives and benefits of the scheme, which aims to support women aged 21 to 50 years by providing ₹1000 every fortnight. Local artists used engaging performances to communicate the message in an impactful manner. The event saw active participation from community members and local leaders. Panchayat Mukhiya Vijay Kumar Jayaswal informed attendees about eligibility criteria and benefits. Sahyogini's field team coordinated the program under the guidance of Prakash Mahato. The initiative successfully reached women in rural areas and encouraged them to enroll in the scheme. Key attendees included Payal Kumari, Kiran, Pratima Devi, Rekha Devi, among others.